

Current Ripples

October 2009



“Marsh 72” by Paula Swenson

HUUF October Services

October 4: “The Magic of the Music is You”

Join us in a service that emphasizes the value that participating together in and with music can bring to our fellowship’s spiritual growth as well as an individual’s spiritual growth.

Coordinator: Candy Roberts

October 11: “Joys, Uncertainties & Safety of Being Out’

Tandy Bowman, singer/songwriter and Founder of Servant Hearts along with partner Cathy Perry, event consultant and Program Coordinator for the Hospitality Initiative, will speak on this topic in celebration of National Coming Out Day.

October 18: “The Wellbriety Movement”

Join Violet and Larry Stillday as they trace the history of the Movement and the impact it is having on Native People. Larry was born and raised in Ponemah on the Red Lake Reservation, left home when drafted into the military, and moved back in 1999. He is Supervisor of Ponemah Outpatient Program for Red Lake Chemical Health and is spiritual advisor for 7 Clans Wellbriety Coalition. Violet was born and lived in Louisiana until ten years ago, when she moved to Minnesota. She is Senior Counselor at Ponemah Outpatient Program for Red Lake Chemical Health. She is chairperson of 7 Clans Wellbriety Coalition. The Stilldays have been involved with the Wellbriety Movement since 2002.

October 25: “Pathways to Peace”

Kathryn Lavelle will help us take a look at family safety and how it affects not only the family involved, but the community...the society...and ultimately can cause ripples felt throughout the world. Presenter Kathryn Lavelle is the Domestic Violence Outreach and Education Coordinator for Northwoods Coalition for Family Safety, and is also a survivor of domestic violence.

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Services

Sunday Services
10 am at 522 America
Avenue NW
Bemidji, MN 56601

HUUF DATES

For October

Committee Meetings

Facility Committee Meeting

Sunday, October 4th,
11:30 am

Facility Notice:
If you use the building, you need to return it to the condition it was in when you entered! If chairs are rearranged, please replace them to the worship arrangement!

Green Sanctuary Information Meeting

Monday, October 19,
7:00 – 8:30 pm

See more info on page 3!

Special Showing of the Movie: For the Bible Tells me So

Sunday, October 11, 11:30 am, after the HUUF service

Plan to stay after the service and invite your friends to this award-winning movie! Can the love between two people ever be an abomination? Is the chasm separating gays and lesbians and Christianity too wide to cross? Is the Bible an excuse to hate? Through the experiences of five very normal, very Christian, very American families we discover how insightful people of faith handle the realization of having a gay child. The movie offers healing, clarity and understanding to anyone caught in the crosshairs of scripture and sexual identity.

Highway CleanUp

Sunday, October 11, 11:30 am, after the HUUF service

Childcare is available at Karen's house, dress to get dirty! Bring gloves, the rest is provided. Stay as long as you are able.

New Member Orientation

6 pm Tuesday, October 27 or 7 pm Thursday, October 29

You may have been attending HUUF for awhile but are still not sure what exactly it means to become a member. Or, you are new to the Fellowship, and have all kinds of questions about what membership means or about how you can get more involved in one of our activities or action groups. Perhaps you simply want to join in a good chat and have brownies and tea with a few fun folks. At any rate, anyone interested in learning more about Headwaters Unitarian Universalist Fellowship is welcome to attend one of these two gatherings. Simply contact HUUF membership chair Tricia Andrews at 444-8936 or tandrews@gslakesandpines.org if you plan to attend. Feel free to contact Tricia if you cannot attend one of these meetings but are interested in learning more about HUUF.

Snack Sign-Up, October-November 2009

October

October 4 Ellie and Bill
October 11 Amy Rutten
October 18 Kathy Meyer
October 25 Carolyn and Darin

November

November 8 Bernadette Paradis
November 15 Sue Nokleby
November 22 Neen Lillquist
November 29 Seibolds

Green What?

You may have heard the words “Green Sanctuary” floating around, and perhaps even heard rumors of some committee. So, what does this mean, who are these hippies and tree-huggers, and what do they want to do with our church?

Congregations & Congregants Working Together to Restore Earth & Renew Spirit

That sure sounds like HUUF, but it also happens to be the philosophy of The Green Sanctuary Program. The goals of the program align with the seven UU principles, as well as many of our congregants’ personal values. The Green Sanctuary Program goals are to:

- ✚ •Build awareness of environmental issues.
- ✚ •Build a connection between spiritual practice & environmental consciousness.
- ✚ •Generate commitment for personal lifestyle changes.
- ✚ •Motivate UUsers to take community action on environmental issues.
- ✚ •Build awareness of environmental injustices & rectify them.

Community. Healthy Planet. Peace.

Thinking back over the past year I recall some activities that relate to those goals: the R.E. students raising money for Heifer International; discussing the globalization of the food industry & the importance of local foods; John Latimer teaching us about our beautiful native flora; and, more recently, Walkin’ Jim Stoltz sharing his adventures, values, & personal lifestyle choices (the upcoming highway-clean-up also comes to mind).

The Green Sanctuary Program invites congregations to embark on an exploration of what it means to live today, within a religious community, on an imperiled earth. Through this 1-2 year journey we, as a congregation, will complete projects and adopt these goals as our own and have the opportunity to become a certified Green Sanctuary. At HUUF we have already begun this journey, and the Green Sanctuary Program is one more tool for us, as a congregation, to pursue our goals, implement our principles and become leaders in our community.

Concerned Citizens. Hippies. Treehuggers. You.

The Green Sanctuary Program is a congregational effort, it cannot succeed with a handful of committee members. Everyone in the congregation is encouraged to participate in activities that will make a difference locally and globally. Increasingly considering the environment much more intentionally. We are not asking for all your money or all your time. It is about all of us, according to our talents and capacities, coming together to create the earth community we have envisioned.

Creating a Vision.

Monday, October 19th, (6:00 – 7:30 pm) you are invited to attend a Green Sanctuary Informational Meeting at HUUF. You are personally invited to stop by and get a better idea of what this is all about. Also, to share your visions and ideas for where you would like to see this lead. This is about all of us. Stay ten minutes or an hour. If you can’t make it talk to, or email, Brooke Knisley (bogtrotter@ymail.com) or Karen Kimbrough (karenaid@midco.net, 333-6806). Or look online at <http://www.uua.org/leaders/leaderslibrary/greensanctuary/index.shtml>.

Committee News

Committee Sunday

THANK YOU from the Leadership Committee!

What a success! 15 new people signed up for various social justice committee work groups and 9 new people signed up for various committees. Several of these people signed up for multiple committees and work groups. Kudos to you all! If you're not sure what to sign up for, try filling out the Interest Finder Survey Sheet you can find on the wall by the entry door and get it to Jane McKelvy or Karen Kimbrough and we can help you find a group or committee you can try.

The Reasons people Serve on Committees

Whether it is explicitly recognized or not, committees and the people who serve on them have an underlying philosophy or belief about what they're doing. For some people the task element is primary. They may be particularly interested in the function or "product" of the committee and want to put their energy into this effort. Alternatively, they may have a general sense of wanting to work for the church community in some tangible way, and serving on the committee fulfills that wish.

Committee work also has a social nature. People may find committee work an opportunity to connect with others who share a similar passion, for example, in social justice or children's religious education. Thus, some people are involved because they are looking for a feeling of connection to other people and to the vital structures that make the congregation work.

Some people see themselves as actively engaged in ministry in their lives, and their committee work is part of this engagement. They see it as a part of their search for meaning and an opportunity to minister to one another. A number of congregations have changed the ways in which they look at the work of the church. They have come to see all the work of the church as ministry. This approach involves more than simply relabeling committees, of course.

Other people are looking for a way to develop new skills. When we ask people about their skills in a volunteer survey, we often then suggest committees that reflect things they already know how to do. Yet sometimes people would like to use their volunteer opportunities to learn something new, to explore or express a different side of themselves, or to develop a skill they do not yet have. For example, accountants are habitually asked to serve on finance and canvass committees or as treasurer, but they may be interested in doing something else. Young adults note that they are able to use skills learned in the church context later in their careers; adults returning to the workforce after an absence for child rearing have noted similar rewards.

Another motivation in committee work is the opportunity for spiritual growth. Any time we are paying attention in a mindful way, we have the opportunity to deepen our understanding of our own spirituality and derive a sense of meaning. Some people will find this opportunity an important part of what they're doing. Some committees build into their meeting agendas a time to reflect on the task and make connections to one's spiritual journey, theology, or larger purpose.

A Note from Caring Committee Chair, Jules Rubey:

Hello! If anybody has "caring" concerns, please contact me by phone (368-9356) or email (julesrubey@gmail.com).

First HUUF Concert Series

Walkin' Jim Stoltz Concert

Over 50 people attended the Walkin' Jim Stoltz Concert hosted by HUUF Saturday, September 19th. Despite the warm room, everyone enjoyed the magic of sitting in the dark absorbing the images on the screen while listening to Jim's wonderful voice, guitar playing and story telling. Jim stayed in town to take part in our Sunday service, making for a full, memorable weekend. Thanks to those who supported the effort to bring Walkin' Jim to town, including Carol Swenson, PR person and Jim's roadie, Tom Anderson and Cindy Nelson, (Jim's support crew and intermission hosts) Kristen and Ryan Zemek and Karen Kimbrough, (intermission snack providers) Marlon Davidson and Candy Roberts (Jim's readers during the concert) and Sue Nokleby (Jim's Saturday liaison). Monica Hansmeyer organized the raffle and Dick Lueben hosted Jim at his home. I don't want to forget Jack Andrews, who, while not a HUUF member, does claim the title of "muscle for the events coordinator". A special thanks also to all of you who attended the concert - your generosity brings us that much closer to making our building addition a reality.

HUUF will host two more concerts this year – one in January and one this spring. Please let Tricia know if you would like to be part of the fun! (444-8936 or tandrews@gslakesandpines.org)

Ed. note: Walkin' Jim brought a powerful "call to action" to increase advocacy for climate change initiatives – with an appeal to HUUF members to nudge their senators to support climate change – related legislation. Please mail in your postcards and letters – your voice is important!

Headwaters Unitarian Universalist Fellowship

PO Box 1906
Bemidji, MN 56619
www.headwatersfellowship.org

Worship Services Sundays, 10 AM
522 America Avenue NW
Bemidji, MN 56601



This Halloween greeting card from 1904 depicts divination: the young woman looking into a mirror in a darkened room hopes to catch a glimpse of the face of her future husband! Image courtesy of the Public Domain.

HUUF Board of Directors

President	Alan Goldberg
Secretary	Candy Roberts-Salter
Treasurer	Neen Lilquist
Trustees:	Roger Swenson, Darin Miller, Paul Kivi, Luke Rutten

HUUF Leadership Team

Caring	Jules Rubey
Communication	
-Website	Carol Swenson
-Newsletter	Diana Kuklinski
Facility	Sue Nokleby
Finance	Dick Lueben
Leadership	Jane McKelvy
Membership	Tricia Andrews
Religious Ed	Susan Kedzie
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Worship	Terry Anderson & Barb Houg
Music Coordination	Luke Rutten